



Earth Love Month

Day 17: Green your lunch

If you already brown-bag your lunch, you are doing your health and the environment a favor. Take it a step further and make lunch a "zero waste" affair by eliminating disposable packaging like plastic bags, paper, etc.

Consider using lightweight metal containers like the ones below. They are easy to clean, don't stain or retain smells, and they last a lot longer than their plastic counterparts.

[Stainless-Steel Containers](#)



[Three Layer Stainless Steel Lunch Box Set](#)

