



Earth Love Month

Day 26: Reduce Packing Waste

Consumer product packaging accounts for more than 20% of landfill waste. Less than 11% of packaging waste gets recycled.

How can you reduce packing waste?

- Buy less. It's really simple. The fewer things you buy, the less packaging waste it'll generate.
- Pay attention to the type of packaging used in the products you use regularly. Some egg cartons are made out of 100% recycled materials that can be recycled again, while some are made of foam, a non-recyclable material in most municipalities. Choose responsible packaging.
- Nix the products with excessive or unnecessary packaging like [these halved avocados wrapped in plastic](#).
- Buy food staples in self-serve departments that are available in many stores. Sure, you need to bring your own container (the weight would be subtracted in most cases), but you can measure out precisely the amount you'll actually use, thus eliminating packaging waste and potential food waste. You will likely get the product cheaper and, in many cases, with fewer preservatives. This applies to grains, nuts, legumes, and more.
- Amazon Prime makes it easy to get the smallest, most trivial item delivered to your door in no time. Eliminate unnecessary packaging waste by grouping items together. Also, Amazon often asks for packaging feedback. Let them know if they'd used excessive packaging.
- Speak up if you see excessive packaging at the store. Sometimes one voice is all it takes to make a difference!

