



## Earth Love Month

### Day 7: Go Paper-less

**Why should you do this?** Scientists say that as much as 30% of greenhouse gas emissions come from deforestation, a known cause of climate change. Meanwhile, worldwide consumption of paper has risen by 400% in the past 40 years, with 35% of harvested trees being used for paper production.

#### What can you do about it?

##### Reduce

- Say no to the receipt at the store if you don't need it. Ditto on the paper bag, extra napkins, just-in-case brochures, etc.
- Replace paper towels with cloth towels and tissues with handkerchiefs--way classier and better for the environment.
- Get a digital subscription of your favorite magazines; save money and trees. Plus, hoarding those clippings is better digitally--so we were told ;)
- Stop junk mail (including those pesky credit card offers that create another task of shredding and phone calls!) by opting out here.

##### Re-use

- Save and re-use single-side used printer paper for printing unimportant documents or scrap paper.
- Save those paper takeout bags and use them for brown bagging lunch.

## Buy Recycled

- Buy paper products made from recycled paper whenever possible. Sure, it costs more. But, for a few extra bucks you'll get a priceless feeling of doing the right thing.
- Look for the following symbols of "green" paper products:

	Indicates a certification from the Forest Stewardship Council that the paper came from sustainably harvested forests.
	Indicates the percentage of recycled fibers in the product.
	Indicates that the paper product is made using 100% recycled fibers and without the use of chlorine.

What are YOUR ideas for reducing paper waste? Send them to us on [Twitter](#), [Facebook](#), or [Linkedin](#)!

