Hey...Darien Community,

Join the Tween Pop-Up Group Series

The Summer Tween Pop-Up Group series was created by Dr. Amanda Craig to offer a place in the community for children ages 9-12 to discuss difficult issues, learn about themselves and grow in their understanding of the world around them. Tweens will be exposed to community sites that have a different focus related to the themes of social and emotional development with FUN at the forefront. The Pop-Up Group Series will also focus on Mental Health and Wellness, Finding Purpose, Resiliency and Decision Making. Tweens will learn about taking ownership of their thoughts and behaviors, embracing their strengths, learning healthy ways to cope with stress and embracing tough life transitions. Tweens will leave feeling secure, equipped to cope with what life throws at them and hopeful for their future towards being a teen. The GROUP will gather at The Southfield Center, 85 Old Kings Highway in Darien.

Group Days and Times:
- June 11 4:00 – 5:30
- June 18 4:00 – 5:30
- June 25 4:00 – 5:30

Fee: FREE! Open to 20 Tweens between 9 and 12 years old

Sign up at https://forms.gle/s2x2aQWLf4AqGcRB6
CALL (917) 510-6422 OR (203) 202-7654

Groups will be co-facilitated by Dr. Amanda Craig and Rebecca Strang. Amanda is a licensed marriage and family therapist with office hours in Darien, Stamford, and New York City. She works with tweens, teens, couples and families. Rebecca is a Parent and Family Coach at The Southfield Center in Darien and Wilton who focuses on play, fun, and making connections over corrections.